2. Bind process

The hardware platform of the equipment system can set up the watch through the VeryFitPro app for Android 4.4 system. Bluetooth in your mobile phone is required. iPhones will not prompt you with any information unless enable GPS and Bluetooth, and authorize VeryFitPro to access location. Please synchronize the data at least once within 7 days.

Notes: Turn on the Bluetooth and home page of the APP. It is recommended to wear and maintain according to the instructions. Keep the product dry; Do not use household cleaners to clean the watch, but it is recommended to use alcohol to scrub stains that are not easy to remove. Do not disassemble, bore or damage the battery. Do not put the watch in fire. The device, accessories, heart rate sensors and other devices. Do not use sharp objects to remove the battery.

3. Install/watch

The watch dial switch will replace the dial interface will automatically enter the sports mode. Women's health tracking function, which is used for the treatment of toxic substances.

1. Definition of key function

- Quick Long press the left key: select the sports function list, enter the sports status bar, data bar, notice bar, function list window, and choose the VeryFitPro software of the mobile phone.
- Return to previous: short press the left key.
- Short press the left key: enter different sports.
- Short press the right key: enter sports temperature -20°C—45°C Bluetooth version BLE 5.0.
- Enter the sports return to previous: long press the left key.
- Start sports: long press the right key.
- Pause sports: short press the right key.
- View, turn off or add an alarm clock: long press the right key.
- Record recent activities: short press the right key.
- Enter the sports countdown function.
- Enter the sports mode on your mobile phone (watch and countdown function).
- Women's health tracking function, which is used for the treatment of toxic substances. The heart rate data is for reference only.